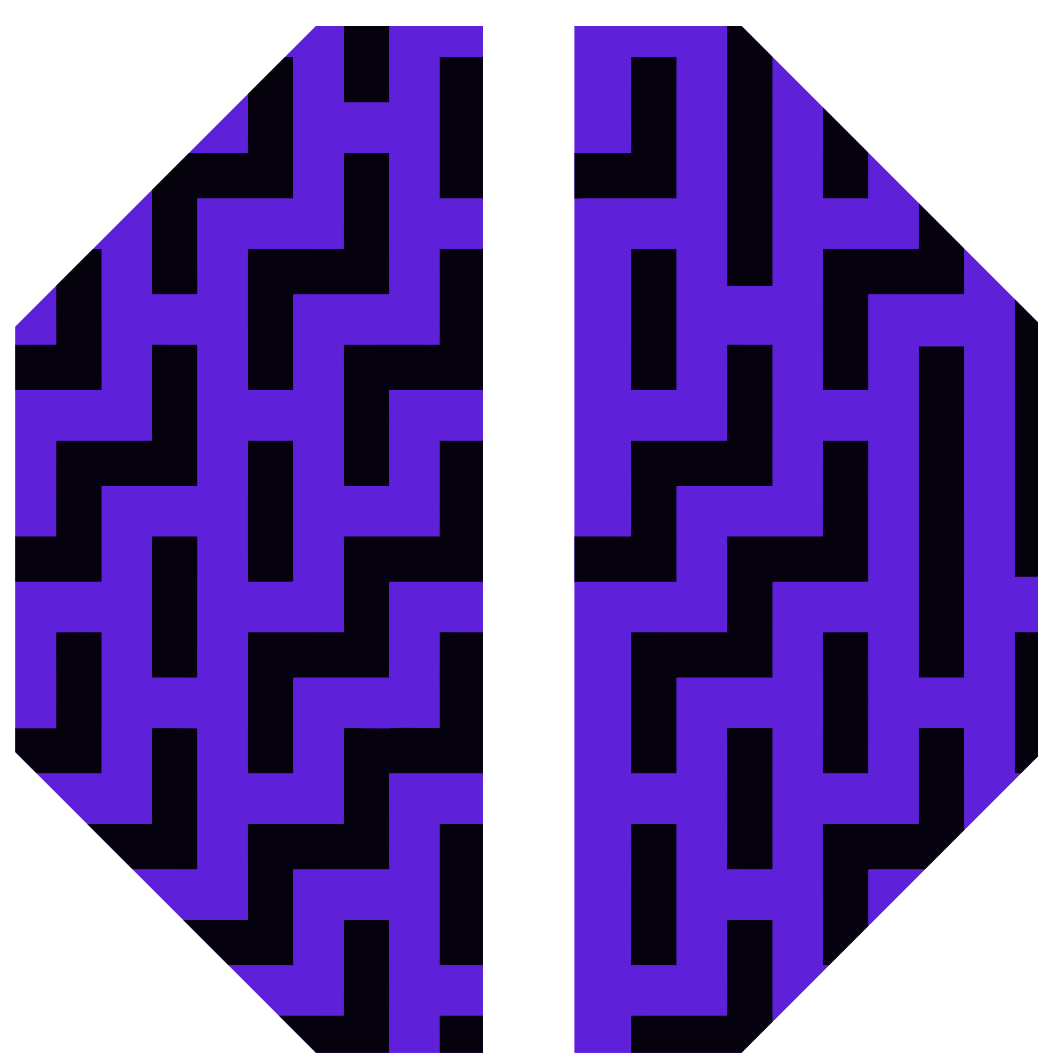


8 SIGNS FOR CONCUSSION

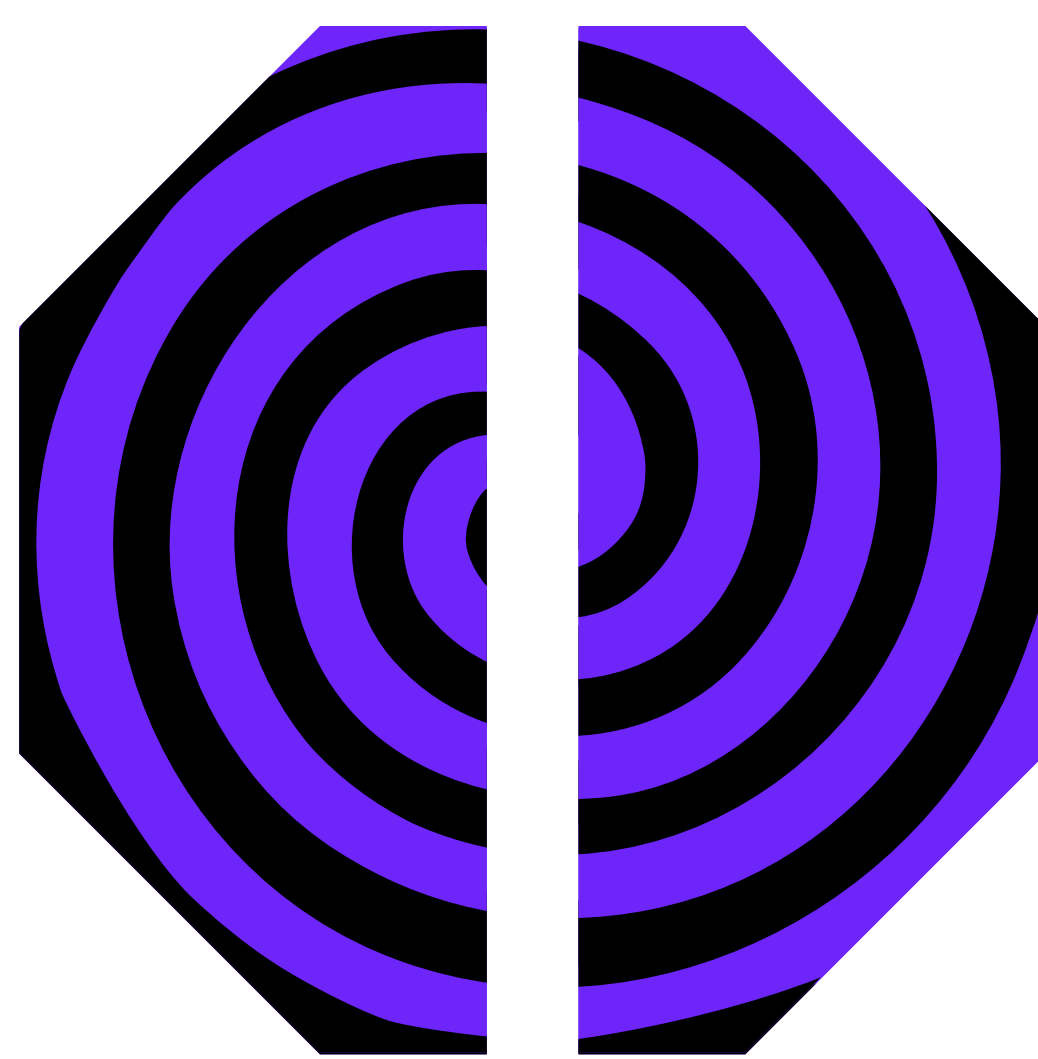


We all have a responsibility in recognizing a possible concussion following a hit to the head or body. If you're experiencing even one of these symptoms, stop playing, sit out and find help.

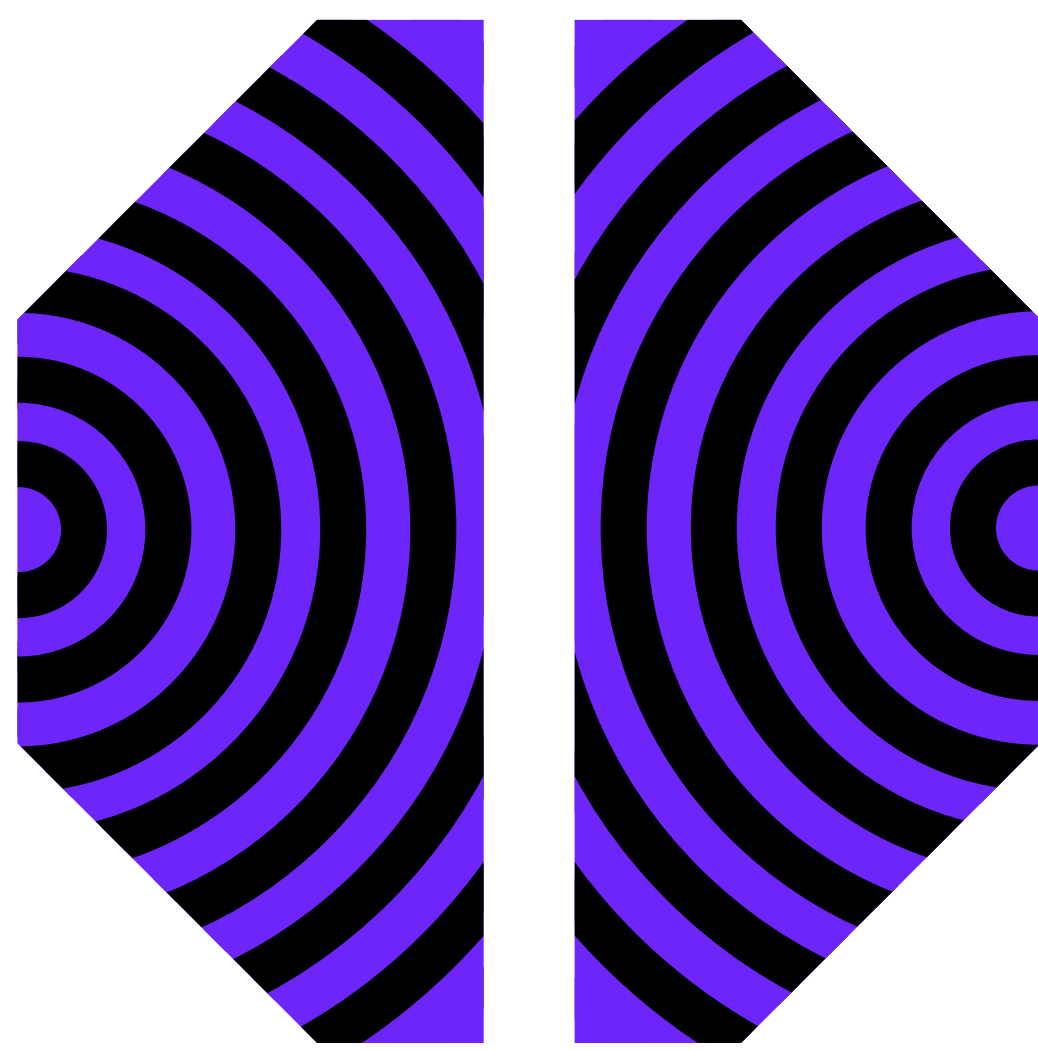
ontario.ca/concussions



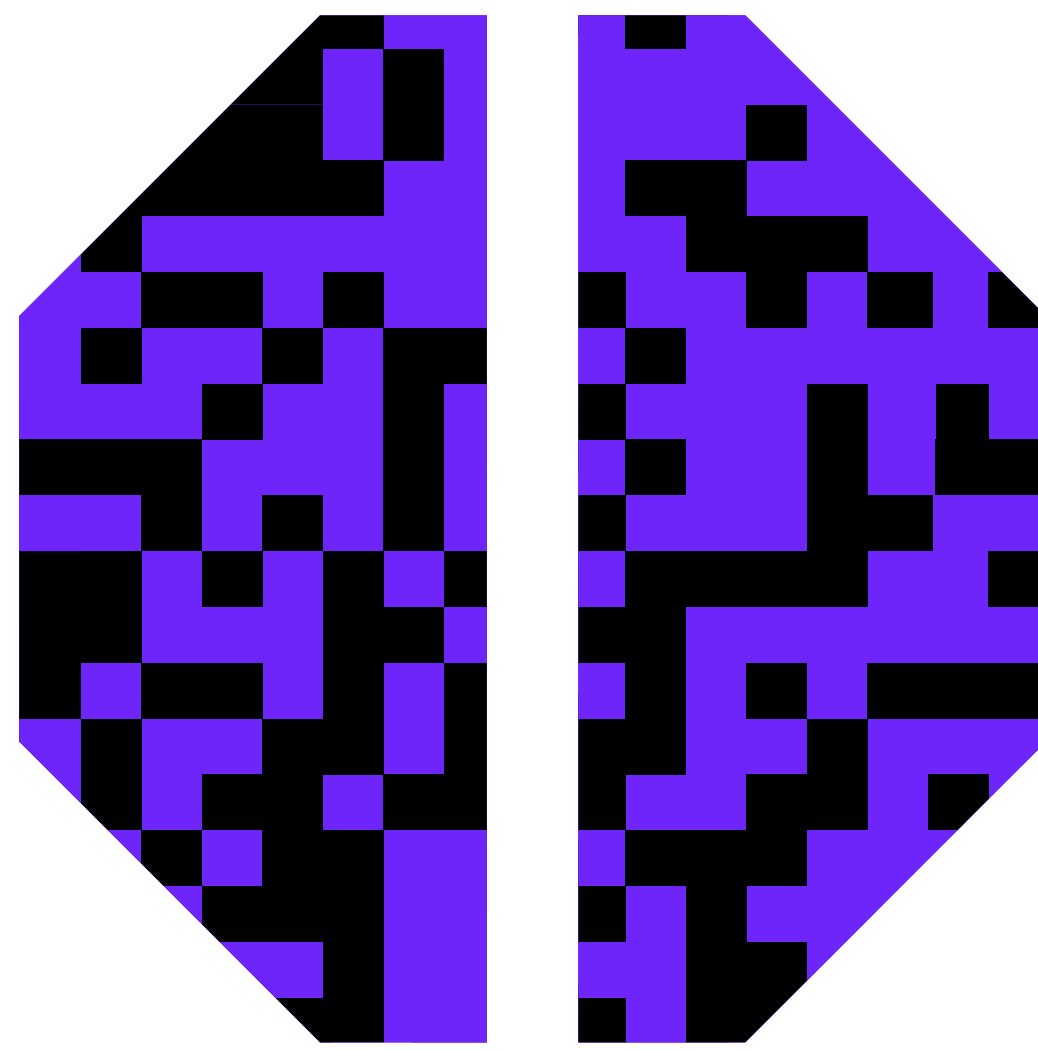
HEADACHE



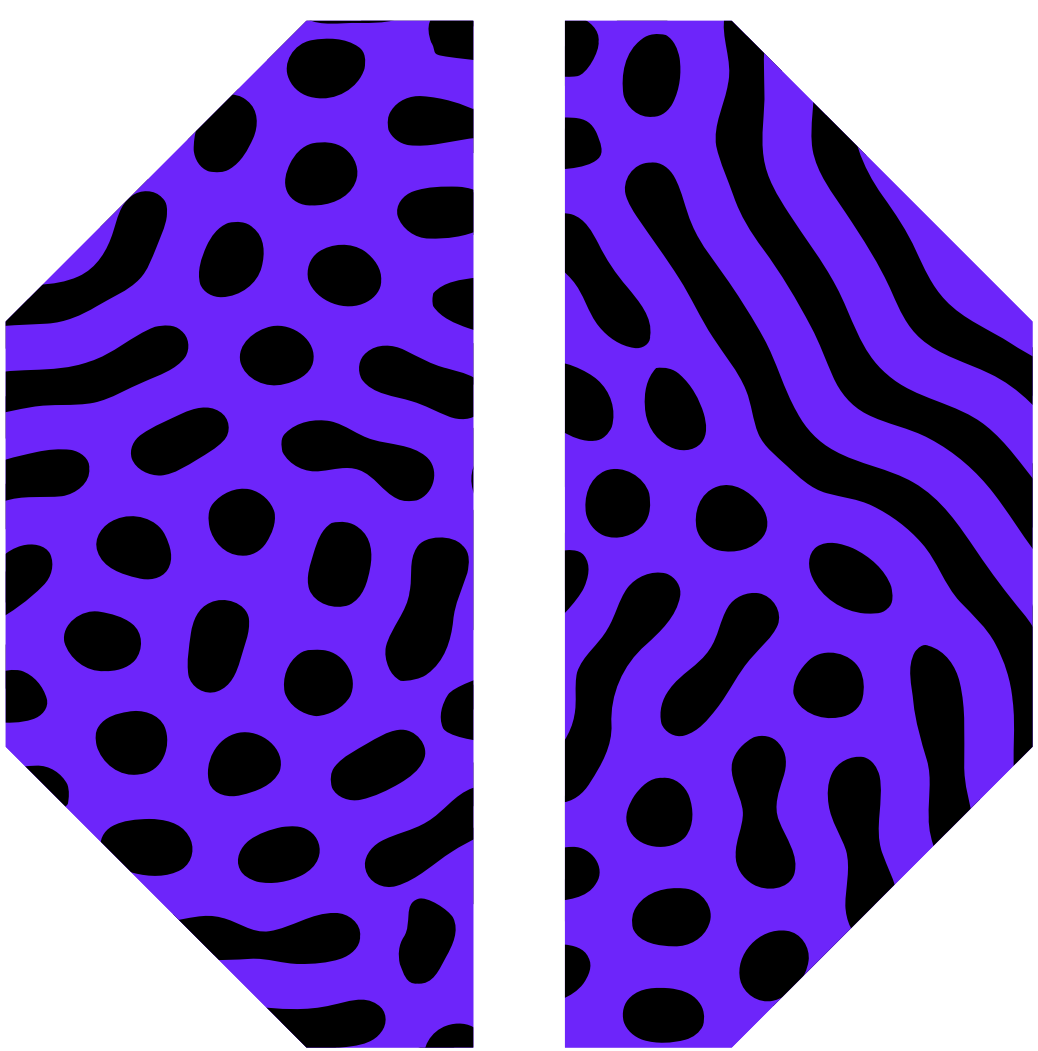
DIZZINESS



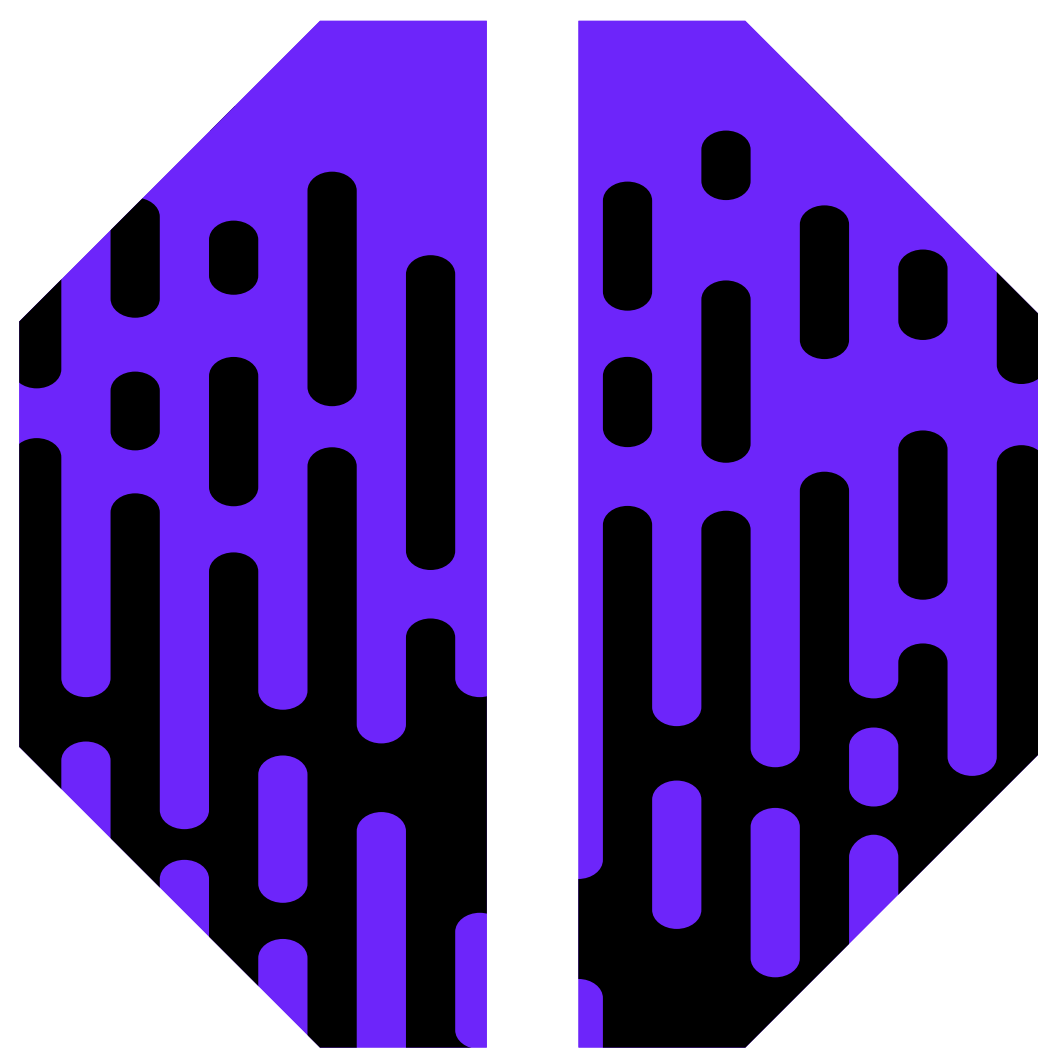
RINGING IN THE EARS



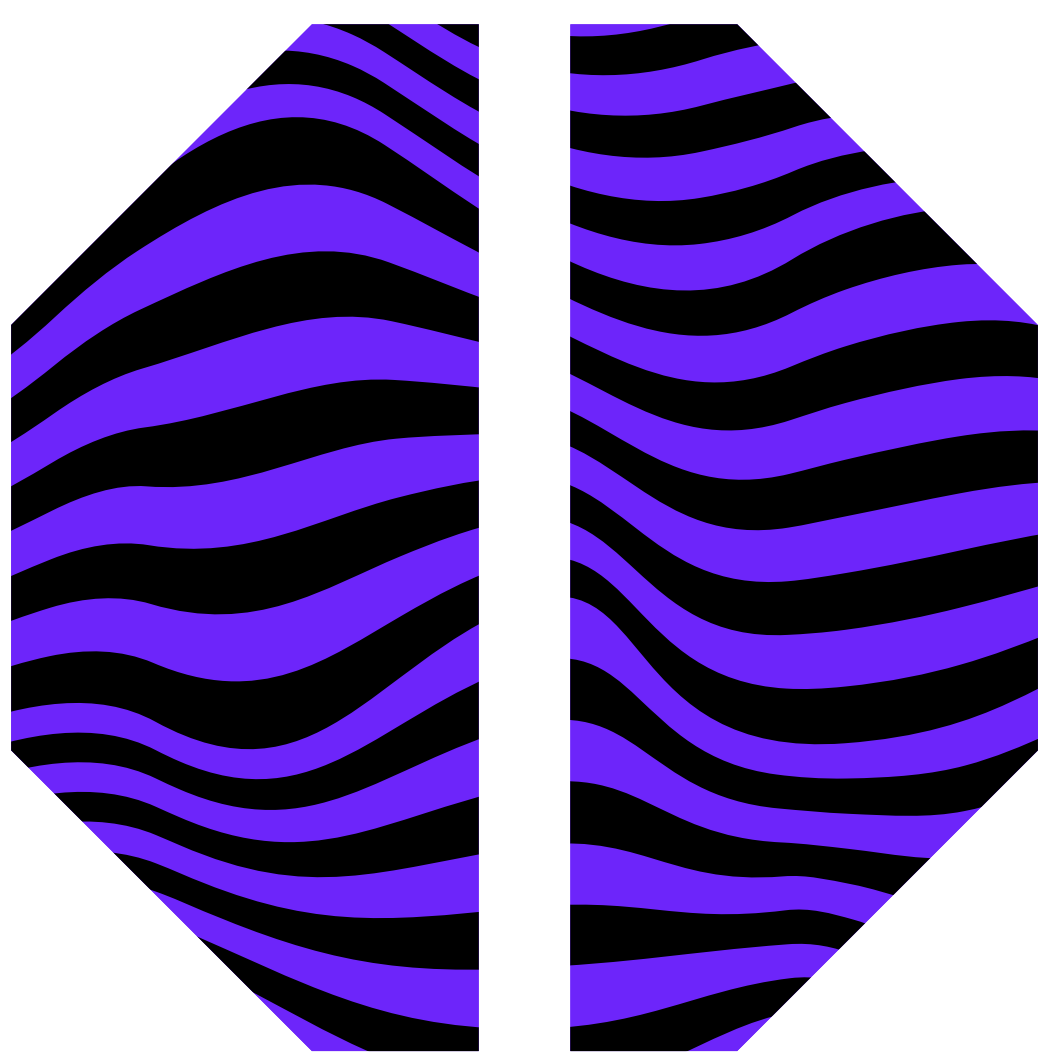
MEMORY LOSS



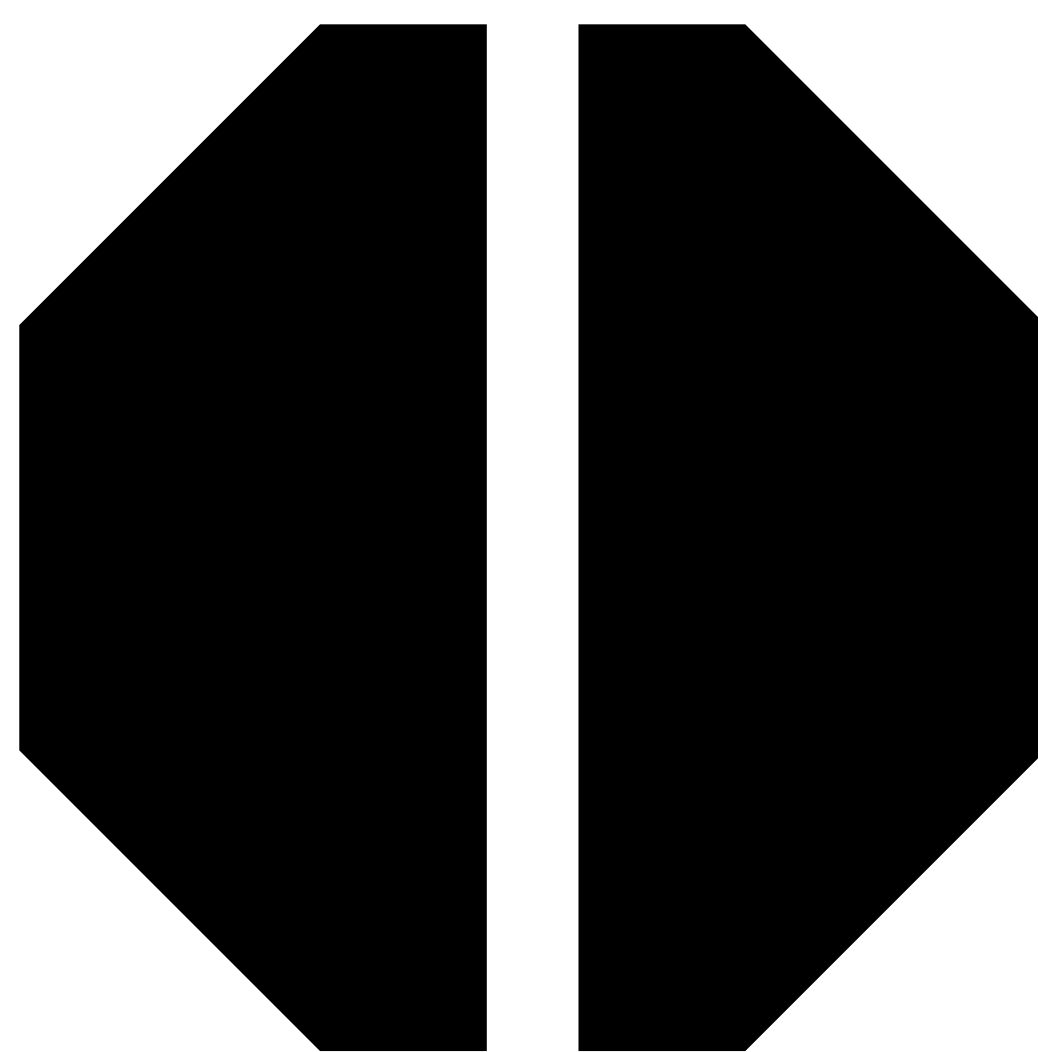
NAUSEA



LIGHT SENSITIVITY



DROWSINESS



DEPRESSION